

Skilled Nursing

eCompetencies® Catalog

Department	RoP Topic	Competency Checklist	Type	Video
Activities Staff	Infection Control Prevention	N95 Respirator Application and User Seal Check	Skills	
		Personal Protective Equipment (PPE): Applying and Removing	Skills	✓
		Surgical Face Mask: Application and Removal	Skills	
	Safety	Feeding Assistance	Skills	
All Clinical Staff	Behavioral Health	Communicating with an Agitated Resident	Skills	
	Infection Control Prevention	N95 Respirator Application and User Seal Check	Skills	
		Surgical Face Mask: Application and Removal	Skills	
	Preventing Rehab-Related Complications	Putting on Hinged Knee Brace	Skills	
	Safety	Moving a Person in Bed without a Moving Aid – One Person	Skills	
Moving a Person in Bed without a Moving Aid – Two Person		Skills		
All Staff	Accuracy	Use of Non-Contact Infrared (IR) Thermometer	Skills	
	Infection Control Prevention	Cleaning and Disinfecting Environmental Surfaces	Skills	
		Handwashing	Skills	✓
Ancillary Staff	Infection Control Prevention	Antibiotic Stewardship Audit Tool: Ancillary Staff	Skills	
		Cleaning and Disinfecting Environmental Surfaces	Skills	
C.N.A.	Accuracy	Blood Pressure Competency	Skills	✓
		Calculating and Documenting Oral Intake	Knowledge	
		Calculating Medications	Knowledge	
		Calculating Weights and Intake/Output	Knowledge	
		Obtaining Pulse and Respiration Rate	Skills	✓
		Obtaining Resident Weight: Upright Scale	Skills	✓
	Infection Control Prevention	Cleaning and Disinfecting Environmental Surfaces	Skills	
		Emptying Urinary Drainage Bag	Skills	✓
		Incontinence Care: Female Resident	Skills	✓
		Incontinence Care: Male	Skills	
		Personal Protective Equipment (PPE): Applying and Removing	Skills	✓
		Putting on Hinged Knee Brace	Skills	
		Specimen Collection: Stool Sample	Skills	✓
		Suprapubic (SP) Urinary Catheter Care of Established SP Catheter	Skills	
		Surgical Face Mask: Application and Removal	Skills	
	Urinary Catheter Care	Skills	✓	
	Preventing Rehab-Related Complications	Application of Splint(s): Foot	Skills	
		Application of Splint(s): Hand	Skills	✓
		Positioning to Prevent Injuries	Skills	✓
		Range of Motion (ROM): Lower Extremities	Skills	
Range of Motion (ROM): Upper Extremities		Skills		

Department	RoP Topic	Competency Checklist	Type	Video
	Quality of Care	Changing an Ostomy Bag	Skills	✓
		Denture Care	Skills	✓
		Hair Care Shampooing: Bed	Skills	
		Hair Care Shampooing: Sink	Skills	
		Hair Care Shampooing: Tub or Shower	Skills	
		Insertion and Care of Hearing Aid	Skills	✓
		Oral Care	Skills	✓
		Positioning to Prevent Injuries	Skills	✓
		Routine Foot Care	Skills	✓
		Routine Nail Care	Skills	✓
		Shaving	Skills	
	Respiratory Care	Applying a Nasal Cannula	Skills	✓
		Filling a Portable Liquid Oxygen Canister	Skills	
		Using an Incentive Spirometer (IS)	Skills	
	Safety	Ambulating a Resident with a Gait Belt	Skills	✓
		Feeding Assistance	Skills	
		Moving a Person Up in Bed with Moving Aid	Skills	
		Moving a Person in Bed without a Moving Aid – One Person	Skills	
		Moving a Person in Bed without a Moving Aid – Two Person	Skills	
		Repositioning in a Chair or Wheelchair: Person is Able to Help	Skills	
Repositioning in a Chair or Wheelchair: Person is Unable to Help		Skills		
Stand Pivot Transfer: Bed to Wheelchair		Skills	✓	
Transfer Resident with a Mechanical Lift	Skills			
Director of Nursing	Infection Control Prevention	Antibiotic Stewardship Audit Tool: Director of Nursing	Skills	
		N95 Respirator Application and User Seal Check	Skills	
		Surgical Face Mask: Application and Removal	Skills	
Educator	Infection Control Prevention	Antibiotic Stewardship Audit Tool: Educator	Skills	
		Cleaning and Disinfecting Environmental Surfaces	Skills	
		Intravenous (IV) Start	Skills	
		N95 Respirator Application and User Seal Check	Skills	
		Surgical Face Mask: Application and Removal	Skills	
	Respiratory Care	Tracheostomy Care with Disposable Cannula	Skills	✓
Tracheostomy Suctioning with Open System		Skills		
Environmental Services	Infection Control Prevention	Cleaning and Disinfecting Environmental Surfaces	Skills	
		N95 Respirator Application and User Seal Check	Skills	
		Personal Protective Equipment (PPE): Applying and Removing	Skills	✓
		Routine Room Clean	Skills	
		Surgical Face Mask: Application and Removal	Skills	

Department	RoP Topic	Competency Checklist	Type	Video
Environmental Services (cont'd)	Infection Control Prevention (cont'd)	Terminal Room Clean	Skills	✓
		Wet Mopping	Skills	
Facility	Infection Control Prevention	Antibiotic Stewardship Audit Tool: Facility	Skills	
		Cleaning and Disinfecting Environmental Surfaces	Skills	
		Surgical Face Mask: Application and Removal	Skills	
Healthcare Provider	Infection Control Prevention	Antibiotic Stewardship Audit Tool: Healthcare Provider	Skills	
Infection Preventionist	Infection Control Prevention	Antibiotic Stewardship Audit Tool: Infection Preventionist	Skills	
		N95 Respirator Application and User Seal Check	Skills	
		Surgical Face Mask: Application and Removal	Skills	
Med Tech	Infection Control Prevention	Surgical Face Mask: Application and Removal	Skills	
	Preventing Medical Errors	Blood Pressure Competency	Skills	✓
		Medication Pass Technique	Skills	
		Obtaining Pulse and Respiration Rate	Skills	✓
Nurse	Accuracy	Blood Pressure Competency	Skills	✓
	Changes in Condition	Documentation of Wound Assessment: Nurse	Skills	
		Focused Nursing Assessment of the Abdomen	Skills	
		Focused Nursing Assessment of the Cardiovascular (CV) and Peripheral Vascular (PV) System	Skills	
		Focused Nursing Assessment of the Lungs	Skills	✓
		Focused Nursing Assessment of the Musculoskeletal System	Skills	
		Focused Nursing Neurological Assessment	Skills	✓
		Shift Assessment	Skills	
	Infection Control Prevention	Antibiotic Stewardship Audit Tool: Nurse	Skills	
		Changing a Central Line Dressing	Skills	
		Incontinence Care: Male	Skills	
		Inserting an Indwelling Urinary Catheter: Female	Skills	
		Inserting an Indwelling Urinary Catheter: Male	Skills	
		Intravenous (IV) Start	Skills	
		N95 Respirator Application and User Seal Check	Skills	
		Personal Protective Equipment (PPE): Applying and Removing	Skills	✓
		Simple Dry Dressing Change	Skills	✓
		Specimen Collection: Stool Sample	Skills	✓
		Surgical Face Mask: Application and Removal	Skills	
		Suprapubic (SP) Urinary Catheter Care of Established SP Catheter	Skills	
Tracheostomy Care with Disposable Cannula		Skills	✓	
Tracheostomy Suctioning with Open System	Skills			
Use of Bladder Scanner to Determine Residual Urine	Skills			
Wet to Dry Dressing Change	Skills	✓		

Department	RoP Topic	Competency Checklist	Type	Video
Nurse (cont'd)	Preventing Medical Errors	Administering a Subcutaneous (SQ) Injection	Skills	✓
		Administering an Intramuscular (IM) Injection	Skills	✓
		Administering Inhaled Medications	Skills	
		Administering Intravenous Fluids (IVF) Through Existing Site	Skills	
		Administering Medication via Feeding Tube	Skills	
		Administering Ophthalmic Medication	Skills	✓
		Administering Oral Medication	Skills	✓
		Delivering Intravenous (IV) Medication Using IV Push	Skills	
		Delivering Topical Medications	Skills	✓
		Medication Pass Technique	Skills	
	Preventing Rehab-Related Complications	Application of Splint(s): Foot	Skills	
		Application of Splint(s): Hand	Skills	✓
		Applying an Elastic Bandage	Skills	✓
		Putting on Hinged Knee Brace	Skills	
		Range of Motion (ROM): Lower Extremities	Skills	
		Range of Motion (ROM): Upper Extremities	Skills	
	Quality of Care	Administration of Prepackaged Enema	Skills	
		Administration of Rectal Suppository	Skills	
		Changing an Ostomy Bag	Skills	✓
		Changing an Ostomy Wafer	Skills	
		Incontinence Care: Female Resident*	Skills	
		Incontinence Care: Male	Skills	
		Inserting an Indwelling Urinary Catheter: Male	Skills	
		Suprapubic (SP) Urinary Catheter Care of Established SP Catheter	Skills	
		Urinary Catheter Care*	Skills	
	Use of Bladder Scanner to Determine Residual Urine	Skills		
	Respiratory Care	Applying a Nasal Cannula	Skills	✓
		Filling a Portable Liquid Oxygen Canister	Skills	
		Tracheostomy Care with Disposable Cannula	Skills	✓
		Tracheostomy Suctioning with Open System	Skills	
		Using an Incentive Spirometer (IS)	Skills	
	Safety	Antibiotic Stewardship Audit Tool: Pharmacist	Skills	
		Enteral Feeding (Intermittent) Via Gastrostomy Tube	Skills	
		Moving a Person Up in Bed with Moving Aid	Skills	
Moving a Person in Bed without a Moving Aid - One Person		Skills		

Department	RoP Topic	Competency Checklist	Type	Video
Nurse (cont'd)	Safety (cont'd)	Moving a Person in Bed without a Moving Aid – Two Person	Skills	
		Repositioning in a Chair or Wheelchair: Person is Able to Help	Skills	
		Repositioning in a Chair or Wheelchair: Person is Unable to Help	Skills	
		Stand Pivot Transfer: Bed to Wheelchair	Skills	
		Transfer Resident with a Mechanical Lift	Skills	✓
Pharmacist	Infection Control Prevention	Surgical Face Mask: Application and Removal	Skills	

Disclaimer: This list of HCA courses has been designed to help organizations meet orientation and annual training requirements. Please note that all courses may not apply to your individual organization. Every organization is responsible for understanding their state requirements and assigning course(s) to staff appropriately.

Competency Knowledge: CMS Nursing Home Staff Competency Assessments – C.N.A.

The content seen here is not proprietary of Healthcare Academy,
it is content directly from the Centers for Medicare and Medicaid Services (CMS).

Category Assessment	Competency
Behavioral Competency Assessment	Advocacy
	Communications
	Conflict Resolution
	Education and Training
	Ethics
	Leadership
	Problem-Solving
	Professionalism
	Teamwork and Collaboration
	Time Management and Adaptability
Resident-Based Competency Assessment	Managing Chronic Obstructive Pulmonary Disease (COPD)
	Managing Congestive Heart Failure (CHF)
	Managing Dementia/Cognitive Impairment
	Managing Diabetes Mellitus
	Managing Residents with Impaired Mobility
	Managing Mental Health
	Managing and Preventing Pneumonia
	Managing and Preventing Pressure Ulcers/Injuries
	Managing and Preventing Resident Falls
	Treating and Preventing Urinary Incontinence (UI)
	Treating and Preventing Urinary Tract Infections (UTI)
Technical Competency Assessment	Activities of Daily Living (ADLs)
	Admission, Transfer, and Discharge
	Detecting Resident Change in Condition
	Documentation
	Infection Control and Prevention
	Medication Administration
	Pain Management
	Person-Centered Care
	Quality Assurance Performance Improvement (QAPI)

Competency Knowledge: CMS Nursing Home Staff Competency Assessments – Management

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Category Assessment	Competency
Behavioral Competency Assessment	Change Management
	Communications and Relationship Management
	Critical Thinking
	Leadership
	Professionalism
Resident-Based Competency Assessment	None
Technical Competency Assessment	Business Knowledge and Skills
	Evidence-Based Practice (EBP)
	Human Resources
	Informatics and Technology
	Knowledge of Health Care Environment
	Knowledge of the Regulatory Environment
	Person-Centered Care

Competency Knowledge: CMS Nursing Home Staff Competency Assessments – Nurse

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Category Assessment	Competency
Behavioral Competency Assessment	Advocacy
	Communications
	Conflict Resolution
	Education Training
	Ethics
	Leadership
	Problem-Solving
	Professionalism
	Teamwork and Collaboration
	Time Management and Adaptability
Resident-Based Competency Assessment	Managing Chronic Obstructive Pulmonary Disease (COPD)
	Managing Congestive Heart Failure (CHF)
	Managing Dementia/Cognitive Impairment
	Managing Diabetes Mellitus
	Managing Residents with Impaired Mobility
	Managing Mental Health
	Managing and Preventing Pneumonia
	Managing and Preventing Pressure Ulcers/Injuries
	Managing and Preventing Resident Falls
	Treating and Preventing Urinary Incontinence (UI)
	Treating and Preventing Urinary Tract Infections (UTI)
Technical Competency Assessment	Activities of Daily Living (ADLs)
	Admission, Transfer and Discharge
	Detecting Resident Change in Condition
	Documentation
	Infection Control and Prevention
	Medication Administration
	Pain Evaluation and Management
	Person-Centered Care
	Quality Assurance Performance Improvement (QAPI)
	Resident Evaluation