

Assisted Living

eSkills™ Catalog

Checklist	Video
Administering a Subcutaneous (SQ) Injection	✓
Administering an Intramuscular (IM) Injection	✓
Administering Inhaled Medications	
Administering Intravenous Fluids (IVF) Through Existing Site	
Administering Ophthalmic Medication	✓
Administering Oral Medication	✓
Ambulating a Resident with a Gait Belt	✓
Application of Splint(s): Foot	
Application of Splint(s): Hand	✓
Applying a Nasal Cannula	
Blood Pressure Competency	✓
Calculating and Documenting Oral Intake	
Calculating Medications	
Calculating Weights and Intake/Output	
Changing an Ostomy Bag	✓
Changing an Ostomy Wafer	
Cleaning and Disinfecting Environmental Surfaces	
CNA Behavioral Competency Assessment	
CNA Technical Competency Assessment	
Communicating with an Agitated Resident	
Delivering Topical Medications	✓
Denture Care	✓
Documentation of Wound Assessment: Nurse	
Emptying Urinary Drainage Bag	✓
Feeding Assistance	
Filling a Portable Liquid Oxygen Canister	
Focused Nursing Assessment of the Abdomen	
Focused Nursing Assessment of the Cardiovascular (CV) and Peripheral Vascular (PV) System	
Focused Nursing Assessment of the Lungs	✓
Focused Nursing Assessment of the Musculoskeletal System	
Focused Nursing Neurological Assessment	✓
Hair Care Shampooing: Bed	
Hair Care Shampooing: Sink	
Hair Care Shampooing: Tub or Shower	
Handwashing	✓
Incontinence Care: Female Resident	✓
Incontinence Care: Male	
Inserting An Indwelling Urinary Catheter: Female	
Inserting An Indwelling Urinary Catheter: Male	
Insertion and Care of Hearing Aid	✓
Management Behavioral Competency Assessment	
Medication Pass Technique	

Checklist	Video
N95 Respirator Application and User Seal Check	
Nurse Behavioral Competency Assessment	
Nurse Resident-based Competency Assessment	
Obtaining Pulse and Respiration Rate	✓
Obtaining Resident Weight: Upright Scale	✓
Oral Care	✓
Personal Protective Equipment (PPE): Applying and Removing	✓
Positioning to Prevent Injuries	✓
Range of Motion (ROM): Lower Extremities	
Range of Motion (ROM): Upper Extremities	
Routine Foot Care	✓
Routine Nail Care	✓
Routine Room Clean	
Shaving	
Shift Assessment	
Simple Dry Dressing Change	✓
Specimen Collection: Stool Sample	✓
Stand Pivot Transfer: Bed to Wheelchair	
Suprapubic (SP) Urinary Catheter Care of Established SP Catheter	
Surgical Face Mask: Application and Removal	
Terminal Room Clean	✓
Transfer Resident with a Mechanical Lift	✓
Urinary Catheter Care	✓
Use of Non-Contact Infrared (IR) Thermometer	
Using an Incentive Spirometer (IS)	
Wet Mopping	
Wet to Dry Dressing Change	✓

Disclaimer: This list of HCA courses has been designed to help organizations meet orientation and annual training requirements. Please note that all courses may not apply to your individual organization. Every organization is responsible for understanding their state requirements and assigning course(s) to staff appropriately.